



## RKK Health College: Mental Health Work



Practical and vocationally-oriented further education for health and social work personnel with upper secondary education, assistant occupational therapist education or equivalent.

Flexible – online support – group sessions – classroom teaching

Product fact sheet #E1-Tx-L3-C3 for the health market



## E1-Tx-L3-C3 Psychiatric Health Work

Vocational workers with qualifications in Psychiatric Health Work at RKK College level (Lev. 3) have a basic understanding of mental problems and illnesses, of prevention, treatment and rehabilitation, and the most important theories and forms of treatment

### Target group

People with an interest in care for mental health work, and who would like a deeper professional and personal competence within this field, who want to acquire the competence to work with this target group, and who would like to contribute to the buildup of a professional service offer in hospitals and mental care institutions

### Objectives

On completion of the course you will:  
Have broad competence in mental health work and have an understanding of mental problems and illnesses, of prevention, treatment and rehabilitation, and the most important theories and forms of treatment, know about user co-determination as an ideology and have a reflective, ethical attitude to people with mental problems and illnesses. You will be capable of organising courses of action together with the user and next of kin, volunteer groups and organisations.

For further information and registration see also our online course catalogue on:  
[WWW.RKK.NO/INTVET](http://WWW.RKK.NO/INTVET)  
Tel.: +47 51 51 67 37  
email: [post@rkk.no](mailto:post@rkk.no)

### Prerequisites

Health and social work personnel with upper secondary education, assistant occupational therapist education or equivalent.

**Course E1-T1-L3-C3 Psychiatric Health Work comprises the following modules:**

Module 1: Common topics

Module 2: Basic approaches to mental health and rules and regulations in the area of mental health work

Module 3: Theories and work methods in mental health work

Module 4: Communication – interpersonal relations competence in mental health work

Module 5: More advanced topics in mental health work

### Duration

2-year part time.



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