

## RKK Health College: Care of the Elderly



Practical and vocationally-oriented further education for health and social work personnel with upper secondary education, assistant occupational therapist education or equivalent.

Flexible – online support – group sessions – classroom teaching



### **E1-T1-L3-C1 Care of the Elderly**

Vocational workers with qualifications in Care of the Elderly at RKK College level (Lev. 3) have a basic understanding of what it means to be old, how the elderly can experience old age, what kind of serious illnesses and injuries the elderly run the risk of and what progressive and chronic diseases are common in old age, and have developed a broad understanding of how age-related dementia, mental problems and grief reactions develop in older people.

#### **Target group**

People with an interest in care for the elderly, and who would like a deeper professional and personal competence within this field, who want to acquire the competence to work with elderly and contribute facilitating the golden years of the elderly, and who also would like to contribute to the build-up of a professional service offer in hospitals and local care institutions

#### **Objectives**

Vocational workers with qualifications in Care of the Elderly at RKK Technical College level can contribute to prevention of illnesses, health complaints and injuries among the elderly. They have the competence required to make surveys of health complaints and to plan, organise and implement care actions and rehabilitative and health maintenance work.

#### **Prerequisites**

health and social work personnel with upper secondary education, assistant occupational therapist education or equivalent.

**Course E1-T1-L3-C1 Care of the Elderly comprises the following modules**

Module 1: Common topics

Module 2: Aging and illness

Module 3: Prevention, rehabilitation and care

Module 4: Organisation and occupational practice

Module 5: More advanced topics in care of the elderly

#### **Duration**

2-year part time.

For further information and registration  
see also our online course catalogue on:  
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